

**School Health Advisory Council
Academy ISD - Meeting #1
for SY 2021-2022
December 1, 2022 2:30pm
AISD School Board Room**



MEETING MINUTES

Meeting Attendees:

- Heather Thies, AISD SHAC Lead & Director of Nutrition
- Tonya Drake, AISD School Health Coordinator & District Nurse
- Callie Poncik, Director of K-12 Instructional Support
- Amy Contrucci, AHS Counselor
- Michelle Copeland, AHS Counselor
- Amy Hargrave, AMS Counselor
- Nancy Sykes, AIS Counselor
- Lisa Weber, Parent
- Jarrod Newman, Parent
- Tiffany Berry, Parent

Meeting Facilitator: Callie Poncik

Notes taken by: Heather Thies

Agenda provided, displayed on screen; Meeting called to order

- I. Welcome and review of purpose (support and promote school healthy), viewed SHAC page and documents on the school website
- II. Discussion and nominate committee members; Motion by T. Drake, Second by T. Berry
 - A. Chair: Tiffany Berry
 - B. Vice Chair: Amanda McKillop
 - C. Secretary: Jennifer Hammonds
- III. Reviewed the focus for each upcoming meeting, asked for suggestions to add to agendas
 - A. School Nutrition- Meeting #2
 - B. School Counseling- Meeting #2
 - C. Physical Education- Meeting #3
 - D. Nursing- Meeting #3
 - E. Wellness Plan - Assessment- Meeting #4
- IV. Focus Item for Agenda- Human Sexuality Instruction (Sex Ed)
 - A. New House Bill 1525- implications to SHAC

1. audio or video recording, agenda posted at least 72 hours in advance, school board must make a resolution to allow SHAC to make a recommendation for a human sexuality instruction curriculum, must hold 2 public meetings over suggested curriculum, school board must make a decision on the recommendation, student forms are now opt-in as opposed to opt-out of human sexuality instruction
2. Discussed options for curriculum to recommend to AISD School Board for approval (must be abstinence based program)
 - a) Aim for Success- current program for AMS, one day program that lasts for one hour per group, affordable cost, families are comfortable with this program, includes a parent night for families to preview the materials the week before it is taught in the school, TEKS based, decided to stay with AIM for Success, will offer 2 public nights in January to meet HB 1525 rules covering the proposed materials
 - (1) Questions- do they have parent info for those that do not opt-in to help them talk to their children about the sex ed? Can we have an online form for parents to fill out for the opt-in form?
 - (2) Consider adding a program at AIS for 5th graders and one at AHS.
 - b) Worth the Wait- longer program, good, more expensive, a few schools around us use this program
- B. Reviewed new Health TEKS effective SY 22-23, minor changes, these would be taught in health classes that are local elective credits, not required
- V. Open Discussion/Questions:
 - A. COVID update: Drake to give 40 booster shots on Friday, low in-school COVID numbers, looking to offer a 5-11yo clinic in upcoming months, was suggested to try and offer before the holidays before the next variant comes through, decided to send out a survey to see who is interested
- VI. Set date for next 3 meetings: (decided Thursdays were the best day of the week to hold meetings, everyone liked the 2:30pm start time)
 - A. January- 1/13 at 2:30pm
 - B. February- 2/17 at 2:30pm
 - C. March- 3/24 at 2:30pm
- VII. Recommendations to be brought before the Board of Trustees, Closing Comments, Adjourn Meeting
 - A. Motion- H. Thies
 - B. Second- M. Copeland